

SEEDCON 2025



Organized by

**SOCIETY FOR EDUCATION
IN ENDOCRINOLOGY &
DIABETES (SEED)**

**Theme: Hormones, Health
& Healing in Diabetes &
Endocrinology**

**14 DEC
2025**

SUNDAY

8:00 AM - 5:00 PM

**Welcom Hotel by ITC,
Delhi-Gurugram Highway
(Near Toll Plaza)**

CLICK HERE TO REGISTER 





ORGANIZING TEAM



Dr. Sameer Aggarwal

Senior Consultant, Endocrinologist,
Dr. Sameer Aggarwal's Endocrine Centre,
Omaxe City, Sector 28, Rohtak, Haryana



Dr. Deepak Khandelwal

Senior Consultant, Endocrinologist,
Khandelwal Diabetes,
Thyroid & Endocrinology Clinic,
Paschim Vihar, Delhi



GUEST OF HONOUR



Prof. HK Aggarwal

Hon'ble Vice Chancellor
Pt BD Sharma University of Health Sciences
Rohtak, Haryana

MEET OUR FACULTY



Abhay Ahluwalia
Gurugram



**Aishwarya
Krishnamurthy**
Delhi



AK Ajmani
Delhi



Alka Bishnoi
Hisar



Alpesh Goyal
Bhopal



Anil Bhansali
Chandigarh



Anupam Biswas
Noida



Aprajita Pradhan
Delhi



Arun Pande
Lucknow



Ashish Goel
Mohali



Bhawna Attri
Faridabad



Beena Bansal
Gurugram



MEET OUR FACULTY



BK Roy
Noida



Danendra Sahu
Delhi



Gagan Priya
Chandigarh



Himanshu Sharma
Delhi



Jayshree Swain
Cuttack



Kashish Gupta
Delhi



Manish Thakur
Shimla



Monika Goyal
Delhi



Neelam Pandey
Gurugram



Neeru Gera
Delhi



Nisha Dahiya
Rohtak



Nishant Raizada
Delhi

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Nishikant Damle
Delhi



Pankaj Agarwal
Ghaziabad



Pawan Goel
Delhi



Priyamvada Tyagi
Delhi



Purnima Agarwal
Delhi



Rahul Chauda
Ghaziabad



Rajat Gupta
Panchkula



Rajesh Khadgawat
Delhi



Richa Chaturvedi
Delhi



Rohini Grover
Delhi



Rujul Jain
Rewari



Rohit Aggarwal
Patiala



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Sachin Chittawar
Bhopal



Sanjay Saran
Jaipur



Sanjeev Gulati
Delhi



Setu Gupta
Delhi



Shanmugasundar G
Chennai



Sujoy Ghosh
Kolkata



Suman Kotwal
Jammu



Suresh Damodharan
Coimbatore



Suvrit Jain
Rohtak



Vaishali Deshmukh
Pune



Vipin Talwar
Jalandhar



SEEDCON
2025

SCIENTIFIC PROGRAM

HALL - A | 14th DECEMBER, SUNDAY

8.00 AM - 8.45 AM

BREAKFAST

9.00 AM - 11.00 AM

Session: Hormones and Health: The cutting edge

Moderators: Monika Goyal & Rahul Chauda

Chairpersons: Karan Bhutani, Vivek Bindal, Pawan Rawal, Deepika Taneja

9.00 AM - 9.20 AM

Beyond glycaemic benefits with GLP-1 RA- Focus on cardio protection in T2DM

Setu Gupta

Chairpersons: Amitabh Khanna, Pooja Relia, Sanjay Arora, Paras Passi

9.20 AM - 9.40 AM

T2D+3RF- transforming treatment paradigms for the most vulnerable

Rajat Gupta

Chairpersons: Sudhir Attri, Prabhat Goel, Mudrit Sabharwal, Harpreet Singh

9.40 AM - 10.05 AM

Evaluating hypoglycemia without diabetes

Suresh Damodharan

Chairpersons: Amit Batra, Rajesh Kakkar, Hemant More, Sumit Arora, Ishwar Singh

10.05 AM - 10.30 AM

DEXA interpretation: Common mistakes to avoid

Alpesh Goyal

Chairpersons: Sunil Kohli, Joshita Gupta, Gaurav Dembla, Ramesh Aggarwal

10.30 AM - 10.55 AM

Adult Diabetes: more than just Type 2

Arun Pande

11.00 AM - 11.30 AM

TEA BREAK

11.30 AM - 1.30 PM

Session: Beyond hormones: Unravelling metabolic mysteries

Moderators: Aishwarya Krishnamurthy & Setu Gupta

Chairpersons: Neeraj Nischal, Hemant Sharma, SL Verma, Sushil Jain, Rajeev Dewan

11.30 AM - 12.00 PM

Heterogeneity of kidney disease in type 2 diabetes

Sujoy Ghosh

Chairpersons: Ghanshyam Pangtey, NN Jha, Sanjay Gupta, KN Garg

12.00 PM - 12.30 PM

DKA management: learning from mistakes

Jayshree Swain

Chairpersons: Anupam Prakash, AK Jhingan, Virender Chauhan, Surender Kaswan

12.30 PM - 1.00 PM

STEPping UP towards a transformative health centric approach to obesity care

Anil Bhansali

Chairpersons: HK Aggarwal, Rashmi Agarwal, RM Chhabra, Priti Gupta

1.00 PM - 1.30 PM

Thyroid autoantibodies: when to order & how to interpret

Rajesh Khadgawat

1.30 PM - 2.30 PM

LUNCH

SCIENTIFIC PROGRAM

HALL - A | 14th DECEMBER, SUNDAY

2.30 PM - 5.00 PM	Session: Acute Endocrinology & Endocrine Cross-Connect	Moderators: Rujul Jain & Neelam Pandey
	Chairpersons: Vivek Aggarwal, Rambabu, Rakesh Sood, Neha Garg	
2.30 PM - 2.55 PM	Hypopituitarism: case-based approach	Shanmugasundar G
	Chairpersons: Jasminder Singh, Shuchin Bajaj, NK Khanna	
2.55 PM - 3.20 PM	Endocrine evaluation of Hypokalemia	Himanshu Sharma
	Chairpersons: Amarpreet Riar, Suresh Mittal, Hitesh Punyani	
3.20 PM - 3.45 PM	Diabetes remission: what works, what doesn't	Vaishali Deshmukh
	Chairpersons: Dayanand, Gajraj Kaushik, Sujata Mathews, Varun Arora	
3.45 PM - 4.10 PM	Revitalize, Restore, Rejuvenate: Hormones for longevity	Sachin Chittawar
	Chairpersons: Reetu Hooda, Akta Bajaj, Susheela Dharamvir, Benu Gulia	
4.10 PM - 4.35 PM	Postmenopausal HRT: Science & Solutions	Gagan Priya
4.35 PM - 4.50 PM	Announcement for Prize Winners for Oral & Poster Papers	
4.50 PM	Vote of Thanks	
5.00 PM	HIGH TEA	

SCIENTIFIC PROGRAM

HALL - B | 14th DECEMBER, SUNDAY



8.00 AM - 8.45 AM

BREAKFAST

8.45 AM

Welcome Address

9.00 AM - 11.00 AM

Revolutionizing diabetes care: latest advances & future directions

Moderators: Suvrit Jain & Kashish Gupta

Chairpersons: AS Ghai, Rakesh Pandit, Jeevan Aggarwal, Sonika Lamba

9.00 AM - 9.20 AM

Imeglimin: A powerhouse approach to T2DM

Priyamvada Tyagi

Chairpersons: Deepak Kothari, Satish Chugh, Praneeth Puvvadi, Kishore Chawla

9.20 AM - 9.40 AM

From Proven to Novel: Liraglutide's continued relevance

Bhawna Attri

Chairpersons: Mohini, PS Ghalaut, Anupama Khanna, DS Goel

9.40 AM - 10.00 AM

Optimizing diabetes control: Basal insulin strategies

Vipin Talwar

Chairpersons: Aseem Dewan, Abhinav Garg, Amrinder Singh Gill, Shaveta

10.00 AM - 10.20 AM

IGlarLixi: a solid approach for comprehensive T2DM management

Abhay Ahluwalia

Chairpersons: Tarun Arora, Shivani Chauhan, Pawan Goyal, CP Ahuja

10.20 AM - 10.50 AM

The EPIC blockbuster arrives in India: semaglutide 1 mg

Neeru Gera

Chairpersons: SK Mundhra, DK Chauhan, Ashok Gupta, Archana Gupta

10.50 AM - 11.10 AM

Quest for improving postprandial glucose control role of ultra rapid lispro

Alka Bishnoi

11.10 AM - 11.30 AM

TEA BREAK

11.30 AM - 1.30 PM

Session: Endo Frontiers: Exploring the latest advances

Moderators: Nisha Dahiya & Aprajita Pradhan

Chairpersons: VK Goyal, Megha Goyal, Parveen Kundu, Bajrang Gupta

11.30 AM - 11.55 PM

Nuclear therapeutics in Endocrinology: what physicians should know

Nishikant A Damle

Chairpersons: RK Duggal, Abhishek Garg, AK Israni

11.55 AM - 12.15 PM

CKD in T2DM: learnings from EMPA-KIDNEY

Sanjeev Gulati

Chairpersons: Praveen Gupta, Vijayashri Mittal, Aashima Dabas, Abhishek Chopra

12.15 PM - 12.35 PM

Diagnosis & management of Pediatric GHD: Current approach & newer treatment options

Richa Chaturvedi

SCIENTIFIC PROGRAM

HALL - B | 14th DECEMBER, SUNDAY



12.35 PM - 12.55 PM	Chairpersons: Rajeev Gupta, Sandeep Suri, Virender Chugh, KK Jindal Diagnosing beyond BMI	Rohit Aggarwal
12.55 PM - 1.15 PM	Chairpersons: Ajay Yadav, Ashish Khattar, Hanish Gupta, Pankaj Gupta Tirzepatide - Ushering in a new era in obesity management	Pankaj Agarwal
1.30 PM - 2.30 PM LUNCH		
2.30 PM - 5.00 PM	Session: Hormones, Health & Innovations	Moderators: Danendra Sahu & Alka Bishnoi
	Medical ethics session	
2.30 PM - 3.00 PM	Chairpersons: Dhiraj Dewan, Satish Sharma, Harish Kumar Vashishtha, Nitant Singhal Legal issues in medical practice: current perspectives	Ashish Goel
3.00 PM - 3.25 PM	Chairpersons: Chandrakant Lahariya, Jai Khullar, Sunil Massand, Sushil Kumar Chauhan Pumping up the risks: the dark side of anabolic steroids	Sanjay Saran
3.25 PM - 3.50 PM	Chairpersons: Prem Punhani, Satbir Sharma Clearing the air around inhaled Insulin	Suman Kotwal
3.50 PM - 4.15 PM	Chairpersons: Kanchan Singh, Deepak Gupta Diabetic Retinopathy: An Insight for the Physicians	Rohini Grover
4.15 PM onwards	Proceed to Hall A	
5.00 PM HIGH TEA		

ORAL PRESENTATION

HALL - C (2nd FLOOR) | 8.45 AM - 11.30 AM | 14th DECEMBER, SUNDAY

JUDGES: AK AJMANI, RICHA CHATURVEDI, BEENA BANSAL

MODERATORS: ANUPAM BISWAS & PAWAN GOEL



S. No.	Topic	Name of Presenter
OP 1	Prevalence and correlates of musculoskeletal complications among diabetes patients from a tertiary care Centre in Central India	Naima Parveen
OP 2	Demographic and Clinical Profile of Transgender Individuals Attending a Tertiary Care Centre in North India	Vanshja Pandit
OP 3	Clinical use and perception about synthetic liothyronine (LT3) for the treatment of primary hypothyroidism among healthcare professionals in India	Naima Parveen
OP 4	Evaluation of Endocrine, Reproductive, Metabolic, and Musculoskeletal Parameters of Subjects with Congenital Adrenal Hyperplasia	Rakesh Garg
OP 5	Adrenal Venous Sampling in subtyping of Primary aldosteronism: use of ACTH stimulated vs unstimulated procedures: A tertiary care centre experience	Emil George
OP 6	The Vicious Cycle of Poor Sleep and Hyperglycemia: A Cross-Sectional Study in Indian Patients with Type 2 Diabetes	Sachin Krishna Raj
OP 7	Orofacial Myofunctional therapy: Impact on respiratory, metabolic and body composition parameters in obese adults with obstructive sleep apnea	Jatin Kalgi
OP 8	To evaluate the efficacy for glycaemic control and safety profile of different metformin doses in women with Gestational Diabetes mellitus: A two arm parallel randomised controlled trial	Sankeerth Sadananda
OP 9	Detection rate and concordance between Tc99m sestamibi SPECT/CT and 4DCT in ectopic parathyroid adenomas	Yamini Dharmashaktu
OP 10	Prevalence and risk factors for sarcopenia in type 1 diabetes mellitus: a case control study	Arnav Kalra
OP 11	Task-Shifting Diabetes Care to ASHAs Using Mobile Health Tools: Results from a Cluster RCT in India	Anjali Gupta
OP 12	Optimizing the Saline Infusion Test: A Two-Hour Protocol for Confirming Primary Aldosteronism	Emil George
OP 13	Autonomic Dysfunction In Children And Adolescents Treated For Hypothyroidism	Rahul Choudhary

POSTER PRESENTATION CATEGORY - EP1

HALL - D (2nd FLOOR) | 9.00 AM - 11.30 AM | 14th DECEMBER, SUNDAY

JUDGES: PURNIMA AGARWAL, GAGAN PRIYA, NISHANT RAIZADA

MODERATORS: SHWETA SHARMA & MEENAKSHI GUPTA

S. No.	Topic	Name of Presenter
EP1 - 01	Incidence of Metabolic Syndrome and Quality of Life in Adult Person with Epilepsy Receiving Levetiracetam Monotherapy	Savita Verma
EP1 - 02	Anaemia and its metabolic correlates in patients with Type 2 Diabetes Mellitus: A cross sectional observational study	Gautam Kapoor
EP1 - 03	Gastrointestinal Autoimmunity in Autoimmune Thyroiditis: The Link to Chronic Atrophic Gastritis	Hitesh
EP1 - 04	Prevalence of Sarcopenic Obesity in Patients Having BMI >23 kg/m ² and Its Association with Diabetes Mellitus, Dyslipidemia, and Hypertension	Lalit Kumawat
EP1 - 05	Assessing the Spectrum of Sarcopenia Severity and Associated Clinical Risk Factors in Patients with Type 2 Diabetes Mellitus	Rajiv Ranjan
EP1 - 06	Assessment of Impact of Life Skills Education Program on the level of Emotional intelligence, Self esteem, Self efficacy, and Life Satisfaction: Among School-Going Adolescents in Urban Areas of Rohtak City, Haryana	Adhya Dubey
EP1 - 07	Metabolic consequences of long-term antiepileptic therapy: A systematic review	Jyoti Sharma
EP1 - 08	The efficacy of continuous glucose monitoring devices for managing uncontrolled type-2 diabetes patients in a tertiary hospital: A retrospective study	Indrashis Mukherjee
EP1 - 09	Role of Ga68 DOTANOC PET CT in culprit lesion localization in T1O	Ritwik Nitin Wakankar
EP1 - 10	Sleep Quality and Its Association with Glycemic Control in Patients with Type 2 Diabetes Mellitus	Abhinay Anand
EP1 - 11	Salivary Alpha-2-Macroglobulin As A Non-Invasive Glycemic Control Marker in Type 2 Diabetes Mellitus Patients	Richa Goel
EP1 - 12	Obesity and Iron Deficiency Anemia: Clinical Implications and Findings	Amit Kumar
EP1 - 13	Adrenal Insufficiency in Children With Cancer After Chemotherapy	Ankita Soni

POSTER PRESENTATION CATEGORY – EP1

HALL - D (2nd FLOOR) | 9.00 AM – 11.30 AM | 14th DECEMBER, SUNDAY

JUDGES: PURNIMA AGARWAL, GAGAN PRIYA, NISHANT RAIZADA

MODERATORS: SHWETA SHARMA & MEENAKSHI GUPTA

S. No.	Topic	Name of Presenter
EP1 - 14	Effectiveness and Safety of Ipeglimin Alone or in Combination with Other Oral Hypoglycemic Agents in Type 2 Diabetic patients: Real-World Evidence from a Tertiary Centre in India	Naima Parveen
EP1 - 15	The Rising Burden of Youth-Onset Type 2 Diabetes: Clinical Patterns and Complications in Young Adults from Central India	Naima Parveen
EP1 - 16	Genotype phenotype correlations in familial hyperaldosteronism type3, with an illustrative case report	Pooja Tiwari
EP1 - 17	Radiology- Driven Decision Making: Surgery vs Medical Therapy for Pituitary Masses	Shria Talwar
EP1 - 18	When Glucose Meets Gray Matter: Neuropsychiatric Expressions of Metabolic Dysregulation – A Two-Case Illustration	Muskan Dahiya
EP1 - 19	A Rare Case of IgG4-Related Hypophysitis in a Young Female: Diagnostic Challenges and Clinical Insights	Somya Tathagat Behera
EP1 - 20	Efficacy of Ultra-Low-Dose Cyproterone Acetate (2 mg) in Transwomen: A Longitudinal Cohort Study	Rakesh Garg
EP1 - 21	Adrenal Insufficiency in Stable Cirrhosis and Its Association with Disease Severity: A Cross-Sectional Study	Poonam Saini

POSTER PRESENTATION CATEGORY - EP2

PFA - 2nd FLOOR | 9.00 AM - 11.30 AM | 14th DECEMBER, SUNDAY

JUDGES: PANKAJ AGARWAL, BK ROY, MANISH THAKUR

MODERATORS: RACHNA PARASHAR & KANIKA KIRAR

S. No.	Topic	Name of Presenter
EP2 - 01	When Insulin Turns Against You: Exogenous Insulin-Driven Autoimmune Hypoglycaemia	Somya Tathagat Behera
EP2 - 02	A Vanishing Act with a Twist: Lipodystrophy Unveiled by Nephrotic Syndrome and Pancytopenia	Somya Tathagat Behera
EP2 - 03	Sheehan Syndrome	Yukti
EP2 - 04	Textbook presentation of a rare entity: MEN1 syndrome misdiagnosed as chronic kidney disease	Nilayan Sarkar
EP2 - 05	Steroid-Induced Psychosis: Bridging Minds and Hormones in Clinical Practice	Solanpreet Singh
EP2 - 06	Sudden Ptosis In Silent Diabetes: Evidence of Selective Oculomotor Ischemia	Anshua Garg
EP2 - 07	Idiopathic Hypopituitarism Presenting As Proportionate Short Stature With Delayed Puberty	Irshad Khan
EP2 - 08	A Rare Association of Primary Adrenal Insufficiency with Mixed Connective Tissue Disease—Associated Interstitial Lung Disease (UIP Pattern)	Jaideep Phouगत
EP2 - 09	PHEOCHROMOCYTOMA – “the great mimic”	Namita
EP2 - 10	Unusual presentation of a unexpected parathyroid adenoma	Prashant Kumar
EP2 - 11	Patient presenting with pain abdomen and vomiting secondary to Shehaan like syndrome	Vishal Khichi
EP2 - 12	Thyrotoxicosis Masquerading as Acute Liver Failure: A Diagnostic Challenge	Amit Kumar
EP2 - 13	Endocrine Complications in a 14-Year-Old Male with Transfusion-Dependent Thalassemia Intermedia: A Case Report	Vasudev Patel
EP2 - 14	Mass-Forming Adrenal Tuberculosis as an Uncommon Cause of Primary Adrenal Insufficiency	Sahil Gaur
EP2 - 15	PTH-independent Hypercalcemia as the First Manifestation of Miliary Tuberculosis	Devarakonda Prasad
EP2 - 16	Autoimmune Polyglandular Syndrome Type2 Manifesting as Pituitary Microadenoma Accompanied by Adrenal Insufficiency and Hypothyroidism	Anjali Sharma



POSTER PRESENTATION CATEGORY - EP2

PFA - 2nd FLOOR | 9.00 AM - 11.30 AM | 14th DECEMBER, SUNDAY

JUDGES: PANKAJ AGARWAL, BK ROY, MANISH THAKUR

MODERATORS: RACHNA PARASHAR & KANIKA KIRAR

S. No.	Topic	Name of Presenter
EP2 - 17	Ectopic Parathyroid Adenoma of Mediastinum Causing Primary Hyperparathyroidism – A Rare Case Report	Mayank
EP2 - 18	Hypokalemia-Driven Arrhythmia Unveiling Primary Hyperaldosteronism	Monika Kumari
EP2 - 19	Seronegative celiac disease presenting with short stature and primary amenorrhea: an atypical case report	Raghavi A Bembey
EP2 - 20	A Rare and Lethal Complication: Bilateral Adrenal Hemorrhage in ITP	Sweetey Goyal



**SEEDCON
2025**

REGISTRATION DETAILS



Category	Till 30 th Nov, 2025	From 1 st Dec, 2025
Delegate	INR 5000	INR 10000
PG Resident	INR 2500	INR 5000

Note: The above rates are exclusive of 18% GST

HOD Bonafide letter is mandatory for all PG residents.

BANK DETAILS

A/c Name	SOCIETY FOR EDUCATION IN ENDOCRINOLOGY AND DIABETES SEED
A/c No.	44513577921
Bank Name	STATE BANK OF INDIA
Bank Address	Roopalay Building, Plot No.405-406 By 28, Model Town Rohtak, Haryana -124001
IFSC Code	SBIN0004154



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